

WHAT TO WEAR ON THE HILL

5 Ways to Prepare



1. Helmet

Helmets help keep you safe. All visitors under 16 and all visitors who are tubing must wear a helmet. If you don't have a helmet, ESC has rental helmets available.

2. Neck Warmer

A neck warmer will keep you warm as you head down the hill. Avoid scarves: these can catch on lifts.



3. Base Layer, Mid-Layer, Shell

To stay insulated, start with a polyester or wool base layer, add a thick fleece sweater or down jacket, and then add a windproof, waterproof winter coat or windbreaker.

4. Snow Pants And Gloves

Good snow pants and insulated, waterproof gloves will keep you from getting cold. We recommend gloves that have durable material in the palm like leather.



5. Socks and Ski/Snowboarding Boots

We recommend wool or polyester socks that come up above your calf. Ski or snowboarding boots should fit well and give your toes and feet a bit of wiggle room.

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